



Broadmead

VOICE OF THE RESIDENTS

VOL. IV, NO. 7

COCKEYSVILLE, MD.

APRIL 1983

Barabbas

By Bliss Forbush

And they chose me!
My God! A murderer and revolutionist,
And let him go unto his cross.
I played and lost
And ready was for stake or sword;
But Pilate asked the multitude,
And they took me!

His life for mine!
His deeds of love and kindness done, to
peasant child,
To fishermen, and outcast poor,
Are ended now.
Because they placed him on the tree
Instead of me.

My life for his!
What mockery, as if the scales could
tipped be,
Against the wonder of the Son,
Who showed them God.
And I live on, a hollow life,
Unfit to die; saved from the grave,
At what a price!

My life is his--
A resurrected soul, brought back to life
anew;
Saved by Pilate's scornful heed
Of priest and scribe.
But life's no longer mine to own,
For I must pay the price he gave
When they chose me.

Luke 23: 13-26

The above poem was written in the 1950's when Bliss was Headmaster of Friends School, teaching an elective course on Great Religious Ideas. It was published later in the Friends Intelligencer.

"That Of God"

By Claire Walker

During his years as a lawyer in South Africa, Gandhi was employed by a firm engaged in an expensive lawsuit against another firm. Gandhi eventually brought his client to victory, which involved the payment of huge damages by the losing firm. To the amazement of the rejoicing winners, Gandhi sat at the celebration party with sad and grieving countenance.

"Why are you looking so unhappy? How can you be otherwise than delighted with the success of your efforts?" he was asked.

"I cannot help thinking about the plight of those who did not win," he replied. "While we rejoice, they are in despair. We know them well. They are like us, devoted to their families and their business. Now they will be ruined. How can they possibly survive this judgment and the financial loss?"

Gandhi's words cast a pall on the merry-making, as attention turned to the familiar circumstances of individuals in the defeated firm. Soon negotiations were opened between the officials of the two firms, and in time a settlement was worked out which enabled the winning company to benefit and allowed the losing one to stay in business.

In his entire life Gandhi lived for the moral integrity of himself and his people. If, by sacrificing, we mean the choosing of the greater perceived value over the lesser, and obeying the highest conceived dictates of selfless service, then his was a sacrificial life throughout.

(Continued on next page)

"THAT OF GOD"

(Continued from page 1)

He disdained material comforts, physical safety, financial prosperity, alike, though he could have had them all. One suspects from various accounts of his enjoyment of relationships with people that he could also have enjoyed these benefits of middle-class life. As they seemed to him to be in conflict with the moral standards that would justify his people's political independence, he unswervingly put them all aside. He gave himself unstintingly to traveling the road to independence and to providing the moral model on the way. On more than one occasion he was willing and ready to put his life on the line for political autonomy, but only in a non-violent society. Both values were personally costly. The fruit of his effort may not fully have ripened, but it is certainly formed.

Thus was the Easter story acted out again in India, as it has been countless times there and all over the world through the long ages of human aspiration and perplexity. Sometimes called the "universal myth of regeneration," the choosing of the greater over the lesser has a role in every individual mortal life, and imparts to that life its noblest meaning. The choice may be a dramatic one for millions to share and remember, or a small decision in an unknown person's day. But it counts. Such choices all partake of the same sacrificial essence.

The portrayal in film of Gandhi's work in this time of violent transition gives us a chance to feel something of the revulsion, the danger, the humiliation, the resolution, and indeed, the ecstasy behind a total life dedication. We owe a debt to all the great sacrificial figures of history for the models they have left us. At the same time their lives represent the ultimate human fulfillment we all can realize, when the spark of inner divinity is fanned into full flame.

Our inner reserves of love and wisdom are infinite; we can draw on them endlessly and never diminish them.

Meditation by Eknath Easwaran

SPRING BIRD AND WILDFLOWER WALKS

BIRDS (and flowers):

All Saturdays in April and May.

MIGRATION! Meet: 8 a.m. at LL Entrance.

FLOWERS (and birds):

Thursdays, from April 14 to "until it gets too hot." Meet: 1:30 p.m. at LL Entrance.

BOTH WALKS will last 1-1½ hours at Broadmead. Allow 2-3 hours if we drive to another area in county, most likely in May and for which notice will be posted on bulletin board.

Wear waterproof footwear.

Beginners especially welcome.

Cancelled if raining.

Info. from Nancy Rowe, A-3, 666-1938.

Walk in the Woods

The "walk in the woods", given by his many friends in memory of Dr. Valcoulon Ellicott, is already usable, if not quite finished. The path along the lower edge of the wooded hillside extends from just below the Truebloods' house past Holly House and provides an easy walk overlooking the Clusters and the Center.

For the more energetic walker, the path extends sharply upward at either end to run along the ridge for a breath-taking view. Many deer tracks are in evidence up there and you may even look down on a buzzard in flight! Woodchips will add to the comfort of walking, as will several benches and a handrail at the steeper grades.

--D. G.

THOREAU: ON THE WOOD THRUSH

Whenever a man hears it he is young, and nature is in her spring; wherever he hears it, it is a new world and a free country, and the gates of heaven are not shut against him.

--Courtesy of Kit Taylor

"Sew and So" Skills Reach Near and Far

Why are they called the "Sew and So" group? Because non-sewers, men and women, are welcome to join them on alternate Wednesday mornings for scheduled programs or relaxed conversation.

Sew and So covers a wide range of tasks. The group makes layette garments to send to the American Friends' Service Committee, the mission at Immaculate Conception church, and other organizations. Added to the layettes are bright colored mittens made by Esther Mallonee and knit baby blankets made by Louise Schneidereith.

Recently Eleanor Terry, Chairman for Hallowell sewing, with the help of Martha Gross, Grace Lindeman and Mary Waters, made over a hundred tray cloths for water pitchers (Martha coordinated the project, involving the laundry and pick up and delivery daily by water pitcher volunteers.)

The group's main job for Hallowell Residents is adjusting hems, mending clothes, installing new zippers or buttons, etc. Erna Gordieyeff, an expert darning, has repaired many socks. They also make small items as needed for the unit.

Sew and So mends for the Housekeeping department and, in emergencies, repairs on-the-job rips and tears for staff members. (Torn trousers can be considered an emergency.)

The group collects discarded house-keeping linens, repairs them, and sends them to the House of Ruth, a haven for battered women and children.

A small, faithful, enthusiastic group comes in every Tuesday morning to help keep down the pile of damaged clothing. There are almost enough volunteers, too, to keep the sewing room open every weekday morning to answer questions and accept articles for mending.

Wednesday mornings the group meets to complete the sewing and mending, embroider layette garments, and talk or listen to a scheduled speaker give a travel talk, book review, or present some other topic of interest.

Sew and So has sponsored a weaving class and the three looms give evidence of being used. This year a used mangle iron was added to the equipment and some Residents find it very useful for large, flat pieces. The iron has gone a long way to fill out the splendidly equipped room.

When a new season approaches, Fabricana, a local fabric shop, contributes current Vogue, McCalls, Butterick, and Simplicity pattern books, a welcome gift, as sewers can select patterns in a quiet, relaxed atmosphere.

Sew and So's 1982 fashion show, organized by Margaret Bouchelle (Sew and So Convenor) and Mary Waters, brought requests for a repeat performance. They plan to stage another one in spring, 1984, and it is not too soon for Residents to start making the garments they will model.

A list of everyone who has participated in the sewing room was compiled for the recent Hobby Show and, to the surprise of the convenors, over 65 names were listed. More are always welcome!

--Margaret T. Bouchelle

SPRING BARN SALE

SAVE THE DATE: April 21, 11:00-4:00

NEEDED: Your donations of clothing, green plants, baked and other homemade foods. For information call Virginia Pearce---Baked Goods (667-9045)

Other items for the Fall Barn Sale will be stored if you wish to move them out. Deliver to the Residents' Office weekdays 9:30-10:30 a.m.

Winifred Kinn,
Chairman, Barn Sale (628-7150)

DEADLINE FOR NEXT ISSUE APRIL 14

RESIDENT MODELS SPARK SPRING FASHION SHOW

On March 4, with the temperature in the high 60's and crocuses in bloom, The Wardrobe Dress Shop's Spring Fashion Show brought out an overflow audience.

There was spring, too, in the steps of the nine featured Broadmead models (see March Voice p.10) as they showed more than forty costumes in the fashions that highlight the season.

Colors ranged from soft lavenders, pinks, blues, beiges, and greys to vibrant reds, greens and blues. Colors were solid with contrasting trim, mixed color plaids and stripes, all in fabrics that showed spring-like crispness or enchanting softness.

Of special interest are collars--some mandarin styles but many with markedly feminine treatments of ruffles, jabots, perky bows, and flat pleats.

Trims are important: predominantly contrasting colors of gros-grain, piqué, covered buttons, wide belts (discreetly conservative here) and ultra suede--all but the latter delightfully reminiscent of an earlier era.

Shoulders tend to be full, pleated, puffed, or padded, but plain does well, too, this spring, and skirts vary from straight to A-line to accordinian pleats. Jackets on suits and dresses are, for the most part, short and trim.

Broadmead's models moved right along with admirable grace and at times a touch of mime humor, not allowing the showing to drag for a moment.

Wardrobe's Peggy Turner, who presided, describing each costume, and its price, (most hovered around \$100, a few less and some much more) closed the show with grateful acknowledgement to the models, and for the major contributions of Residents Helen Bodine, coordinator, Ruth Bristol, who arranged the sound and lighting equipment, and Iva Link who played the piano accompaniment.

Tea (with coffee and appetizing home-made delicacies) served in the lounge, was just the right touch to complete the afternoon.

Oral History

Broadmead's Oral History program is gearing up for more interviews with Residents, aiming for the completion of the project.

The Oral History is a unique program under the sponsorship of the Maryland Historical Society, which will be the repository of the tapes and transcripts and will furnish information only to qualified persons and groups interested in aspects of retirement communities. Mrs. Betty Key of the Historical Society is enthusiastic about the project.

The purpose of Oral History is to provide material useful to groups planning and operating retirement communities; to researchers in colleges and universities; social workers and retirement counselors who are interested in the problems and adjustments that older adults must deal with. It is hoped that thoughtful comments from our Residents on matters such as what policies were effective and what were not, what architectural errors had to be corrected and should be avoided by others, will benefit future administrators of retirement communities.

Interviews aim to elicit comments from Residents about their adjustments to Broadmead, their life after coming to Broadmead, and to record their varied activities that have made useful contributions to the community. Residents' thoughtful observations and reactions will be, and should be, widely varied. Such diversity should be useful to those who use the material.

Harriette Shelton originated the idea for the program and enlisted the interest of the Maryland Historical Society. It is a pioneering effort on the part of Broadmead. Harriette and Leo Bridge are co-conveners of the project.

Persons to be interviewed are chosen by a random method devised by Alice Tobler, using the list of Residents. If, within the next few months, an interviewer asks you to participate, it is hoped that you will be interested in contributing to Broadmead's unique Oral History program.

--H. C.

Food Service Update

At a Food Service Committee meeting on March 7, Michael Goldberg, production manager, responded to questions and concerns revealed in the February questionnaire which was completed by nearly 300 Residents.

A number of Residents commented on unpredictability in portion sizes, which creates uncertainty about the size to order. Michael Goldberg explained the reasons but stated that a new position of "line server" is to be established after selected individuals are trained for this position. This should do much to correct the problem of portion sizes. If the size of the portion served is not correct, Residents should ask the server to correct it or speak with the Dining Room Supervisor. Everyone concerned wants to resolve this problem.

Many Residents have asked why fresh fruits and vegetables in-season are not bought from local farmers. Michael explained that all food bought by institutions such as ours are subject to State inspection standards. They must meet approved methods of cultivation and pesticide controls. No vendor may bring a product to Broadmead that does not have the State Inspection Stamp. For this reason, Broadmead cannot buy local strawberries, peaches, tomatoes, and the like.

Cold food in the Coffee Shop was identified as a problem in a number of questionnaires. Michael explained that it is impossible to keep foods hot on a steam table. For this reason small trays are used with frequent replacement of hot food from the kitchen as needed. Cooling results when replacements do not arrive promptly or items are not consumed rapidly enough and remain on the steam table. Michael will explore the feasibility of installing a micro-wave oven, such as those used in many cafeterias, for the use of Residents who want to make their food hotter.

Good news! New salad plates are on

DEFENSIVE DRIVING COURSE COMING TO BROADMEAD

Following up on the distribution of individual announcements and registration forms, Mal Gross writes:

"The story behind the coming to Broadmead of the National Safety Council's Defensive Driving Course started with Martin Trueblood's saying at the January Fireside Chat that he had seen mention of it in an AAA publication, and wouldn't it be a fine idea to have it at Broadmead.

"Kathaleen Kennedy picked up the idea and asked Mal Gross, who was familiar with the course, to look into it. The result, approved by the full Residents Association Board of Directors, was stated in the letter to Residents on March 21.

"This highly acclaimed Defensive Driving Course has been taken by more than ten million drivers under many different auspices--AARP, state governments, local safety councils, industrial concerns, and, surprisingly, by the U.S. Army in Germany.

"We are hoping this will make a real contribution to the driving safety of our Residents. Call me (Mal Gross), if you have any questions (667-0612)."

the way. The new ones will be a shallow bowl type which should eliminate food "skidding" off the plate.

Bad news! Salad plate and side-dish inventories are somewhat lower than they should be. Many Residents carry food home from the Coffee Shop on these plates and forget to return them. Return of any items you have will be appreciated.

Again, our thanks to Gil, Michael, and Doug for their unflagging interest in obtaining Residents' reactions to Food Service and their continuous efforts to please.

--Vivian Cord

RESIDENTS ASSOC. APPROVES BY-LAWS CHANGES HALLOWELL SINGLE ROOM QUESTION CONSIDERED

A much-anticipated called meeting of the Residents Association came together for two purposes on Monday evening, February 28, 1983. After the usual opening silence and the routine approval of minutes from June 7, 1982, the last Annual Meeting, President Kathaleen Kennedy introduced Ruth Bristol and Ken Walker to comment, and answer any questions, on the first item on the agenda: the proposed changes in the Association's Constitution and By-Laws.

The proposals were made after careful study by a committee called together by the president. Besides Ruth and Ken, the members were Mal Gross, Isabella Jinnette, Jean Moser, and Harry Tylor. After presentation of these materials which had been circulated well in advance of the meeting, all amendments were approved to take effect at once. The only demurrer was on the use of the word "chairperson" to replace "chairman," which the committee was asked to re-study and make a final decision, taking into consideration the very obvious majority preference of Residents for using "chairman."

Kathaleen expressed pleasure at the prospective return, ex officio, to the Board of Directors of past-President George Conner.

For the other item on the agenda, Kathaleen called on Lois Forbush, as President of the Trustees of Broadmead, to make a progress report on the single room question in Hallowell Hall.

Lois introduced co-chairmen of the "Hallowell Room Committee," Dr. Edyth Schoenrich and Helen Riley. This subcommittee of the Board of Trustees consists also of Thomas Barnes, Vice-President/Treasurer/Secretary of Johns Hopkins Hospital; Dr. Worth Daniels, Associate Professor of Medicine, Johns Hopkins University; Charles McCarthy, Vice President of the Mercantile-Safe Deposit & Trust Co., and Dr. Alice Tobler representing Residents; Millie Gerst for the Staff; and Martin Trueblood as well as Lois Forbush ex officio. Helen Riley is a member of the Stony Run Friends Meeting which initiated Broadmead, and Dr. Schoenrich is a Professor and Associate Dean of the Johns Hopkins School

of Hygiene and Public Health. Residents could feel confidence in the qualifications and seriousness of the group responsible for resolution of this question.

The co-chairmen reported that the subcommittee had met twice and had: 1) reviewed the issues involved and studied five options which had been drawn up by Alice Tobler and her subcommittee of Residents and, 2) had sent a questionnaire to all Residents in order to clarify and understand their wishes.

Alice Tobler and Leo Bridge were appreciatively thanked for their preparatory work for the subcommittee.

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Since some Residents had expected more information than was ready for presentation at the meeting and were disappointed, Lois Forbush, on March 7, sent each Resident a copy of Leo Bridge's compilation of the returned questionnaires and a cover letter, assuring Residents that Trustees keenly feel the weight of the single room concern. Quoting from her letter: "A number of options for action have been considered by the Hallowell Room Committee and a great deal of thought has gone into finding the appropriate answers. We trust that when these recommendations have been presented to the Board of Trustees and shared with you that you will feel comfortable."

It was later learned that the recommendations referred to by Lois were scheduled for consideration by the Trustees Finance Committee, the full Board, and the Hallowell Room Committee, successively, in a series of three meetings in March.

--Claire Walker

TRANSPORTATION COMMITTEE NEEDS TO KNOW

If you are unable to use Symphony, Center Stage, or other tickets, and post them on the bulletin board for others' use, please put your name with them. The Transportation Committee needs to know who will and who will not be going on the bus.

Coping With Common Concerns

The Residents Health Care Committee was happy to bring Dr. Edyth Schoenrich back to Broadmead on February 16, for a program dealing with stress.

Dr. Schoenrich stated that stress is a response of every living creature to the demands made on it. From birth to death we must react to internal physical, emotional, and mental factors as well as environmental influence. There are, within the self, helpful mechanisms in handling stress,--the biological impulse to return to a state of balance. If one can't flee or fight, one has the ability to adapt and accept what can't be changed.

Residents have evidence of their capacity to cope by leaving recognized stressful situations and coming to a lifetime care community. Here individuals cooperate with staff and fellow Residents by maintaining the best possible health through a schedule of rest and exercise, attention to proper nutrition, adherence to medication regime, comfortable socialization, adequate mental stimulation, and spiritual growth by reaching out to others and caring about them.

Dr. Schoenrich cited a noted physiologist's list of stressful situations ranked on a base of 100 points. The highest stresses were: death of a spouse, 100; jail terms, 63; personal injury, 53; marriage, 50; retirement, 45. Some other common experiences, such as changes of living place, 25; vacations, 13; holidays, 12; cause temporary periods of pressure on individuals.

Some of the particular stresses for elderly people are: 1) Ill health and the mental and emotional reactions to it. 2) Mental changes such as diminished memory. 3) Problems of aloneness (feeling alone even in the family or in a crowd). 4) Problems of living in a community such as Broadmead, or any lifetime care center, where there may be less privacy and less personal freedom than in many situations. One has to adjust to a new life style on Hallowell or Taylor.

Dr. Schoenrich's other suggestions for cutting down on stress included:

1) Do all one can to remain in best possible health. This is the individual's job as well as doctors' and nurses', and includes recognizing and reporting problems of illness early.

2) Share problems with someone who can provide a different perspective and trust in others who want to help. Look at problems in terms of sorting them out and solving them rather than concentrating on reactions.

3) Set goals even if it is no more than getting up, bathing, dressing--goals that you can accomplish successfully--to gain a sense of accomplishment.

4) Try to arrange living in cycles, alternating times of stimulation and periods of rest or quiet. Live in contrasts.

Dr. Schoenrich's complete presentation was recorded on tape and can be heard by arrangement with Ruth Ring. It is well worth the time. It was also videotaped for use in the Personnel Training department.

--Ruth F. Ring

HISTORY OF FLIGHT

On February 26 Col. Leslie Waltman of the Civil Air Patrol told Broadmeaders of "The History of Flight for the Past 4000 Years." Flying was one of man's earliest aspirations, he stated, noting that all cultures had depicted gods with wings. Among many other facts, he pointed out that Da Vinci worked out plans for a flying machine, Dumont of Brazil was the first to control the flight of a balloon, and today balloons are being used in lumber camps to remove logs without destroying the surrounding growth.

Col. Waltman also told of the work of the Civil Air Patrol. Paul Belbot, one of Broadmead's duty men, who introduced the program, wore his CAP uniform, as did two cadets, his daughter Lisa and Brian Faith. They all answered questions from the interested audience.

--D. G.

U. S. INDUSTRY HAS MUCH TO LEARN FROM JAPAN JOSEPH STERNE TELLS DISCUSSION GROUP

Joseph R. L. Sterne, Editorial Page Editor of The Sun, told a capacity audience on Saturday, March 5, that the United States can learn much from Japan about good labor-management relations and making wise use of technology in industry. Japan has learned much from the West and adapted it to its own situation, just as, in the 19th century, we in this country learned from Europe during the Industrial Revolution.

Sterne, who was invited to Broadmead by the Discussion Group after his recent two-week trip to Japan, said that Mike Mansfield, our ambassador, thinks the U. S.-Japanese bilateral relationship is the most important among any countries in the world. Sterne also said that traditional labor-management adversary relationships in this country are now under tremendous pressures and must change if the country is not to lose even more to Japanese industry.

Not all is perfect in the Japanese situation by any means. Japan suffers from tremendous deficits and corrupt domestic politics. But industrialists have found ways to handle sticky industrial situations without rancor or controversy, and government and industry work closely together in financing and planning far ahead for Japanese interests in the years to come.

Japanese workers have a vital share in the industry in which they work; they are consulted by management on all matters; half their wages are paid in the form of bonuses--the size of the bonus reflects how the company is doing and how efficient the workers are. Industry is financed by worker savings and long-term bank loans, not by equities. The government targets world markets for years ahead and makes available money, land--everything to achieve targeted goals. All this contributes to harmony among people, and to individual workers dignity and self-respect.

With Toyota, Nissan, and Honda all building plants in the United States, our executives are having to learn Japanese management ways and production techniques. Technologically, Japan is far ahead of the United States, and it is

essential to realize that Japanese methods challenge both labor and management in all aspects of our industrial and technological future.

Sterne left us with much to think about.

--Helen Criley

JACKSON: AHEAD OF HIS TIME

"The Age of Andrew Jackson" may mean different things to different people, as shown in a recent session of the Discussion Group, where Dr. Gary Brown, professor of history at the University of Maryland, Baltimore County, was the principal speaker and the attenders raised many searching questions.

An authority on Andrew Jackson, seventh president of the USA, Dr. Brown pointed out that, during the Jackson regime, the country began to industrialize; that some finished and semi-finished goods were being imported and exported; and that American cities were becoming more than "just a depot for trade."

It was during the Jackson period that the term "workingmen" was first used. Before this, all workmen were craftsmen practicing their own trades and vocations in businesses that they owned, according to Brown.

Jackson became known as the president of the "common man." He is also credited with organizing working men. The first labor unions, however, were craft unions and did little for the larger number of unskilled workers.

Aiding enterprises with government subsidies, in order to encourage manufacture, both for domestic and international consumption, was one aspect of Jackson's administration.

Jackson also brought under government many services formerly under private auspices.

--G.J.F.

Editor's note:

The above is a report of one of the earlier lectures in the Discussion Group series "How Should We Govern Ourselves in the 21st Century?"

Players' Four Day Reign

From Broadmead to Broadway is but a hop, a skip and a jump for our Broadmead Players, who have again put together a performance to delight any audience. The play, "The Travelling Sisters" by John Kirkpatrick, had all of the ingredients of a successful comedy--humor, satire, crime, mystery, and good-natured hi-jinx.

Following a mood-setting introduction, written and coordinated by Winifred Kinn, the players displayed their histrionic abilities. A cast of eight, comprised of residents and staff members, showed the results of the excellent directing provided by Jo Owen and Isabella Jinnette.

All performances were "sold out," indicating that Broadmead residents know that the Players will always do a splendid piece of work, and that all support of this worthwhile dramatic endeavor is assured.

Members of the cast were: Isabella Jinnette, Ruth Plant, Janet Gould, Margaret Trueblood, Michael Goldberg, Rich Compton, and Helen-Mary Overstreet. Bob Martin who rehearsed with the cast was unfortunately in the hospital.

The hard-working behind-the scenes crew members were:

Winifred Kinn, Stage Manager

L. Baker	D. Lindeman
N. Browning	E. Mahan
R. Compton	E. Mallonee
A. Cousins	B. Martin
M. Easter	P. Pentz
M. Goldberg	G. Purvis
D. Graham	M. Trueblood
J. Gould	M. Waters

Our deep gratitude goes to all the Broadmead Players, some of whom were active both up-front and back-stage, and to Jo Owen, who volunteered her services as professional guest director. Congratulations on a job well done; keep up the good work.

--Elizabeth Gilpin

Apartment Change

Evelyn Kidder has moved from B-13 to T-374. Same telephone.

New Resident

KATHLEEN RATH (Mrs. John) T-312, 628-6239. Mrs. Rath came to Broadmead from Garden City, Long Island, after being delayed by the February blizzard. She still has her home and furniture there for disposal. Mr. Rath is a resident on Hallowell Hall.

LOST AND FOUND

Clearance will be made the first week in April (1 - 7). Hats, scarfs, canes, umbrellas, jewelry, and many other items. Please check before they are disposed of.

BULLETIN BOARD

Postings can be made by placing notices in box M-5. Please date. If you post your own notice, please be responsible for removing it after approximately two weeks.

--Peg Stevenson

SPRING

Now....Life in all its countless forms beginning to stir....timed to the cycle of the sun....each life is born on time.

Eggs of turtles....frogs and insects are hatching....millions of seeds are sprouting....the things which will not awaken are giving life to those that do.. ..and thereby shall live again this spring....and always....

The sun is higher....the days are longer....and the magic of spring has touched every living thing....each attuned to life....is ready to rise in a mystical kinship with beauty.

EXCERPT FROM "TO THOSE WHO SEE," BY GWEN FROSTIC.

Taylor's Teen-agers

Four bright-eyed, cheerful, early-teen-age girls from Friends School, accompanied by teachers, Doris Newman and Betsy McNamara, visit on Taylor with their "chosen grandmothers" every Wednesday.

Ashley Blumenthal visits Ethel Singewald; Jennifer Brown visits Emily Waldo; Kira Burt visits Helen Wildberger, and Katie Mallonee (Resident Esther Mallanee's granddaughter) visits Margaret Dexter.

Ashley and Katie told the Voice that this was a new and good learning experience for them. They and the others like it; they "keep busy and it is fun!"

Ashley, who met Bliss Forbush, was jubilant, saying when she got back to school she would tell her friends she had met the former headmaster.

On the day of the interview, the girls enjoyed snacks from the Country Store and had lunch about 11:30. "At lunch" they volunteered, "you are allowed only one 'no-thank-you'... The best things are French fries, pizza and ice cream."

The "chosen grandmothers" and the young visitors seem to be equally enthusiastic about the program.

Another group of six teen-age girls from the Oldfields School has been visiting on Taylor regularly for the past year-and-a-half. They are Kiki Von Hoffman, Mary Ann Lai, Meg Feimer, Cloe Richardson, Tara Cutter, and Sims Boulware. They, too, are accompanied by school instructors (Nancy Nicholls and Donna Connaton).

At this time the girls are floaters, going around offering friendship and spreading their charm to any and all on Taylor Hall.

Both groups are self-starters. They had heard about such programs and inquired whether their schools could make the necessary arrangements. They could and did.

--M.T.B.

COPS AT BROADMEAD

Yes, there is a COP at Broadmead, that is a student from the Career Oriented Program at Cockeysville Junior High School. The Career Oriented Program is one of several Cooperative Education Programs offered by Baltimore County Schools. COP provides a motivating experience for students who desire an opportunity to gain work experience or career exploration, and for those students whose individual needs are not fulfilled in the regular school program.

Currently, the COP student is Jo Ann Sheeler, a fifteen year old ninth grader. Jo Ann has been receiving valuable work experience at Broadmead since September. She first served twelve weeks as an office aide to Betty Loud in Food Service and is now employed as an activities aide working with Penny Pentz, Sandy Krome, and Eric Thompson on Hallowell Hall.

Broadmead has been cooperating with Cockeysville COP for the last three years. During that time there has been a total of nine students who have worked in Food Service, Hallowell Hall Activities, and Health Care with Millie Gerst and her staff. For the past two years, Woody Jenkins has been conducting an orientation program to the world of work, for entering COP students.

Thanks, Broadmead.

--Douglas Valentine, Teacher-Coordinator
--Courtesy Penny Pentz

A REMINDER

When you make a contribution to BRAF (the Broadmead Residents Assistance Fund), make your check payable to Broadmead and mark BRAF in the lower left-hand corner of the check. Then give it to Pat Rodak or put it in the message box marked "General Offices." Do not put it in Louise Braff's box as several Residents have done!

Education is hanging around until you've caught on.

--Robert Frost - Johns Hopkins
Alumni Omnibus, Feb. 1983
Courtesy Claire Walker

MOVIES

Tuesdays 7:00 p.m. Place: Auditorium

APRIL 5 - "THE PIGEON THAT WORKED A MIRACLE" (Color - 47 min.) Another Disney miracle of photography and realization. You'll be glad you saw it.

APRIL 12 - "THE SECRET LIFE OF WALTER MITTY" (Color - 110 min.) Starring Danny Kaye, Virginia Mayo and Boris Karloff. James Thurber's classic slice of American humor--a perfect vehicle for Danny Kaye's antics. Circle this date!

APRIL 19 - "RUSTY AND THE FALCON" (Color - 47 min.) Who but Walt Disney could produce such a fantastic story on film!

APRIL 26 - "THE MADWOMAN OF CHAILLOT" (Color - 132 min.) A film classic. Countess Aurelia is one of Katherine Hepburn's great roles, supported by Danny Kaye, Yul Brynner and Charles Boyer. The plot comes from Jean Giraudoux's drama of the same name.

HALLOWELL HALL MOVIES

Tuesdays 3:00 p.m. Place: West Lounge

April 5 - "THE PIGEON THAT WORKED A MIRACLE"

April 12 - "EARLY LIGHT OF DAWN"

April 19 - "RUSTY AND THE FALCON"

April 26 - "BABE RUTH"

Catherine Fessenden, who showed her unusual slides of tree buds here last year, will give a return engagement on Wednesday afternoon, April 27, at 1:30 in the auditorium. This time her slide-talk will be on "Unbelievable Africa."

DEADLINE FOR NEXT ISSUE APRIL 14

PROGRAMS

(In the Auditorium unless otherwise noted)

SATURDAY, APRIL 2 - 7:15 - Travel talk and movies of Holland by the Mugnos

THURSDAY, APRIL 7 - 7:15 - Music Trio in the Lounge

SATURDAY, APRIL 9 - 7:15 - "George Kerman and Soviet-American Relations," talk by Mal Gross

SUNDAY, APRIL 10 - 2:00 - Hymn Sing in the Lounge

MONDAY, APRIL 11 - 10:30 - Fireside Chat in the Lounge

MONDAY, APRIL 11 - 1 to 4:00 - Defensive Driving (1st half)

MONDAY, APRIL 11 - 7:15 - Music Program Eric Conway, pianist, in the Lounge

FRIDAY, APRIL 15 - 1:30 - Discussion Group - Arthur Flemming

SATURDAY, APRIL 16 - 7:15 - Slide-talk on wild flowers by Lou Ellicott

MONDAY, APRIL 18 - 1 to 4:00 - Defensive Driving (2nd half)

TUESDAY, APRIL 19 - 2:00 - St. George's Garden Club Flower Show in Lower Hall and Recreation Room

SATURDAY, APRIL 23 - Spring Fling in the evening - Watch for announcement

SUNDAY, APRIL 24 - 4:30 to 6:00 - High Tea in the Lounge

WEDNESDAY, APRIL 27 - 1:30 - "Unbelievable Africa" - slide-talk by Catherine Fessenden

FRIDAY, APRIL 29 - 11:00 - "Alice in Wonderland" by Pot Spring Elementary School

Resident Mary Ellicott's daughter-in-law, Lou Ellicott, will show her slides of wild flowers on Saturday evening, April 16, in the auditorium at 7:15.

Americana

It was most appropriate that Sister Theresine chose February 22 on which to present her Bykota Singers in a program she called "Americana"--appropriate because February is known as "American Music Month," so designated by the National Federation of Music Clubs, Inc. "The Parade of American Music" was inaugurated in 1951. Ada Holding Miller was its founder.

As usual Sister charmed us with her wit and with the subtle way she tossed out bits of musical knowledge. She informed us that the Navajo Indians sing with a nasal quality; that all Indian songs are short and that Indian music is difficult to sing because of the intervals used. The four songs in this group were most effective in producing four different moods.

We were told that African music was primitive but not sophisticated. The slaves in the deep South heard the white people singing, picked up their melodies and substituted their own Negro texts. In contrast to the rather unfamiliar Indian songs, the Chorus sang six well-known spirituals, ending with that most beautiful one, "Swing Low, Sweet Chariot."

The third and last group of American songs could be characterized as patriotic with the exception of "The Tennessee Mountain Song" which depicted in humorous fashion a woman so eager to find a husband that she proposed over and over again to a sailor.

Watching Sister Theresine sitting so quietly at the piano, apparently completely occupied with her playing, one wonders how she directs her singers. However, by the results achieved, it is evident that they got her message; the group sang with true feeling, appropriate dynamics, and good tone quality.

--Eleanor Matthews

MINORITY/MAJORITY

A test of courage comes when we are in the minority; the test of tolerance comes when we are in the majority.

--Ralph W. Sockman

In Memoriam

ELIZABETH S. NORRIS
June 20, 1904 February 24, 1983

CHARLES W. WAINWRIGHT
May 21, 1895 March 17, 1983

KEITH MORROW MARTIN
January 27, 1911 March 21, 1983

BLAKE'S TESTAMENT

To see the world in a grain of sand,
And a Heaven in a wild flower,
Hold Infinity in the palm of your hand,
And Eternity in an hour.

William Blake (1757-1827)
Miscellaneous Poems

VOICE OF THE RESIDENTS
Published by and for
The Residents Association of Broadmead
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EXTRA

Fireside Chat Highlights

Marianne Bachman, Executive Housekeeper, Maria Brown, Assistant, Millie Gerst, Health Care Manager, and Anne Laidlaw, Director of Nursing, participated with Martin Trueblood in the March 14th meeting.

Marianne and Maria announced the spring cleaning schedule:

1. Cleaning draperies is well under way and will be completed in June.
2. Venetian blinds were cleaned during March. Personally owned blinds will be cleaned at a charge of \$5.00 each. Call House-keeping.
3. Mattress turning and vacuuming are next on the schedule.
4. Window cleaning will start soon and will take about 6-8 weeks. Walter Scott will be doing them alone. He has a tight schedule but always wants to be helpful; Residents can help him by refraining from asking him to do special tasks.
5. Refrigerators: moving and cleaning has been found too costly. A different method will be tried; meanwhile Residents are asked not to move the refrigerators as the legs get out of line.

Reminders: To facilitate the work of the cluster aides, Residents should remove newspapers, boxes, and trash on cleaning days, and take the linens inside when it rains.

Precaution: Shopping bags kept in apartments may lead to production of roaches.

Health Care

Martin, Millie, and Anne reviewed the organizational structure and roles of staff: Dr. Charles Ellicott, medical director, and Dr. Walter (Sandy) Hepner, assistant medical director, and the three other staff physicians report directly to

the Board of Trustees, and are independent of the administration, as legally required by state code.

Millie Gerst, as Health Care Manager, is Nursing Home Administrator, fulfilling the state legal requirement. In addition, the outpatient department and all ancillary services come under her administration, including the switchboard.

Anne Laidlaw, as Director of Nursing on Hallowell Hall, works with Millie on policy issues and with Dr. Hepner on medical issues. Anne has sole responsibility for nursing, administration of procedures, staffing, and staff training.

In the eight months that Anne has been at Broadmead she has been evaluating the organizational structure and has made some changes. She observed that, in the past, lack of clear-cut channels of communications with Residents has been a problem. She requests that all observations and questions be directed to her or to Millie Gerst only. (Not the Charge Nurse.)

Anne considers Hallowell to be

(Continued on next page)

ANSWER TO A PUZZLE

Have you wondered why the Voice sometimes includes a final sheet head-lined "EXTRA?"

Reason: a slight variation in the weight of the paper jams the stapler when more than six sheets are folded for mailing. Consequently the extra sheet, selected for its purely local interest, is usually distributed only to Residents.

--Editor

FIRESIDE CHAT (CONTINUED)

adequately staffed but the organization and levels of staff needed revision. She has been shifting to more part-time staff to provide the "mix" of full-time and part-time that will provide maximum flexibility. She has changed night coverage from four aides and one nurse to three aides and two nurses. This arrangement makes it possible for one nurse to respond to cluster calls while the other remains in the Center building at all times.

Inpatient is responsible for coverage of the clusters and Taylor on evenings (after 5), holidays, and week-ends, and in Taylor emergencies. There is always a doctor on call and the nursing staff is in touch with him frequently. An evaluation of the impact on Hallowell of cluster and Taylor coverage is not yet complete.

A question brought clarification that Taylor is not a nursing unit and does not require nursing coverage at all times. Nevertheless at least one member of the staff is usually there and telephone and radio communication are immediately available always.

Anne addressed a rumor that some patients remain in the hospital on week-ends because Hallowell does not admit on Saturdays. This is incorrect. It occurs only because of Doctors' schedules or transportation problems. Broadmead cannot admit anyone back without a discharge summary of what has been done in the hospital and what follow-up on medications and care are recommended. It has happened twice since Anne has been here. This is not a problem with Broadmead doctors but can occur with others.

Trees: 150 white stakes in the ground on the north side of the entrance drive are markers for 18 inch dogwood trees.

Holes in the ground on the south side of the drive are set for sweet gum trees.

Prophecy or Cause?

In line with the established practice of setting up disaster relief drills, Paul Trattner, Maintenance, sent the following memo to the staff on September 22, 1982:

"Broadmead is isolated for a period of three days due to a 24" snowfall.

"The first day of snow, the Day Shift has reported to work. The roads are snow covered but passable.

"Movement of traffic on York Road stops. Staff personnel are unable to leave and nobody will arrive until 8:30 a.m. on the 4th day.

"During the three days of confinement we will not lose electrical power.

"Discuss this with your personnel. What steps will your Department take to cope with this disaster?"

In February, Mother Nature, as we all know, obliged with The Blizzard of '83. We trust that Paul will continue to use with confidence his prophetic gift.

Copy of memo courtesy Peggy Class

SHOULD YOU BUY YOUR OWN PHONE?

In response to C & P's new offer to sell telephones to their customers, Pat Rodak warns that they may be more costly than meets the eye. If tempted, be sure to inquire about repairs, and if you use an amplifier, ask about the monthly rental fee, as the receiver with amplifier does not come with the telephone. On the whole, Residents are better off with the present leasing arrangement.